

Sunscreen

with Lyndsey Opdendries
of Nutter's Bulk Foods



Q: Why use a natural and organic sunscreen?

A: Natural and organic sunscreens use zinc oxide as their active ingredient. This product is a safe mineral that sits on top of your skin, scattering, absorbing and reflecting UVA and UVB rays before they reach your living cells. Unfortunately not all sunscreens offer protection from UVA rays, which can lead to skin damage and cancer. Natural sunscreens are free from hormone-disrupting chemicals, liquid plastics and alcohols. The natural and organic plant oils in sunscreens provide moisturizing nourishment for your skin. They are also biodegradable, reef-safe and non-GMO. Happy summer!!



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